

# 2011 Blue Jays Winter League & Clinic for Girls - REGISTRATION

This three session **Winter League & Clinic** features teaching for 1 hour and playing full-field games for 1 hour. The focus is on skills development and improvement, enhancing game sense, and breaking down offensive & defensive situations. **Participants will work with the Hopkins coaching staff and players and receive specific, individual attention.**

The winter league & clinic is designed for players who are looking to polish their skills before the spring season starts. We will develop individual skills as well as improve on-field decision-making. Individual skills (catching, throwing, ground balls, stick tricks, dodging, shooting, 1v1 defense, checking, double teams) and comprehensive team concepts will be taught in the clinic portion.

## FOR GIRLS IN GRADES 8 - 12

**Where: Johns Hopkins University**  
Homewood Field & Practice Turf

**Cost: \$60 per session**  
*\*includes fun giveaway and skills packet*

**When:** Sunday, December 4      10am-12pm  
Sunday, December 11      10am-12pm  
Sunday, December 18      10am-12pm

**Please CIRCLE the sessions you are interested in attending!      TOTAL DUE \$ \_\_\_\_\_**

**Questions? Call the clinic/league hotline at 410-516-7722**

***A goalie coach will be available.....please specify on the registration form if you are a goalie!***

**\*\* Weather permitting we will be holding the winter league & clinic on Homewood Field & Practice Turf (outdoor SPORTS turf). Please come prepared to play outside on turf or indoors in the gym!**

**Please make checks payable to: JHU Lacrosse Camps, LLC**

Name \_\_\_\_\_ Parents Email\* \_\_\_\_\_ Players Email\* \_\_\_\_\_  
***(all correspondence will be done via email...please print legibly)***

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_ Position \_\_\_\_\_

US Lacrosse # (if current member) \_\_\_\_\_ Club Team \_\_\_\_\_

*In signing this application, I release Johns Hopkins University, Johns Hopkins Women's Lacrosse, and other involved parties from any claims or responsibility for injuries suffered in the clinic/league. I knowingly assume all risks associated with participation, even if arising from negligence of the participants or others, and assume full responsibility for my participation. I certify that I am in good physical condition and can participate in the Blue Jays Winter Camp for Girls. Further, I authorize the site director to request medical treatment as necessary to insure my well-being.*

Athlete \_\_\_\_\_ Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Insurance Info/Policy # \_\_\_\_\_

**Please mail form with check made out to: JHU Lacrosse Camps, LLC  
917 Metfield Road, Towson, MD 21286 • Fax (410) 516.6455 • email [w lax@jhu.edu](mailto:w lax@jhu.edu)  
First 75 players will be accepted. Registration is on a first-come, first-served basis!**